## Help Us Celebrate Our 20th Anniversary!

## FOCUS ON YOUR FUTURE PLANNING



FRIDAY, OCTOBER 19 9:00 AM - 4:00 PM

> Wilde Lake High School 5460 Trumpeter Road Columbia 21044

- 11 AM Mindfully Map Out Your Future by AARP
- 2 PM The Capitol Steps

## DON'T MISS THESE OTHER EVENT HIGHLIGHTS

- 170+ Exhibitors
- Live Café 50+ Entertainment
- Engaging Seminars
- NEW! Eat Well to Live Well Nutrition Education and Screenings
- Virtual Dementia Tours®
- Flu Shots and Health Screenings
- NEW! Stop the Bleed Training by HCFRS
- Resources for All Stages and Ages

To attend the 11 AM keynote, register at www.mapoutyourfuture.eventbrite.com

All attendees will be entered into a drawing for a \$300 gift card; you must be present to win.

Attendees *must* park at The Mall in Columbia and use the

## FREE COURTESY SHUTTLE

to Wilde Lake High School Parking/Pick up by JCPenney

\$1 ADMISSION

Howard County Office on

Aging and Independence

Department of Community Resources and Services

410-313-6410 (VOICE/RELAY)

#HoCoEXP018 facebook.com/HoCoCommunity www.howardcountymd.gov/aging